

Occupational Therapy timeline

Freshman Year

Fall

- Visit PREPs to discuss your pre-professional path
- Complete ENG-W131
- Consider doing research
- Find pre-OT clubs and other clubs of interest

Spring

- Complete PSY-B110
- Complete SOC-R100 or ANTH-A104
- Research summer experience-based opportunities
- Visit PREPs for assistance with your summer plans
- Consider adding a minor to complement your major

Summer

- Volunteer for a health-related summer experience
- Visit our website for resources on local professionals you can shadow or volunteer with, activity logs to track your achievements, and more

Sophomore Year

Fall

- Get involved with your pre-health club, and volunteer
- Complete BIOL-N261
- Complete PSY-B310
- Visit PREPs to review your academic plan and to ensure you have a parallel plan in place

Spring

- Lock in a health-related opportunity or internship for the summer
- Complete BIOL-N217
- Complete STAT 30100*
- Research OT schools
- Determine if your schools of interest require additional pre-requisites not on this list

Summer

- Choose a GRE preparation option, such as a tutor, a course, or a book
- Complete a health-related volunteer or learning opportunity
- Continue working on your observation hours (aim for 100+ hours)
- Assess yourself: Take a GRE practice test online

Junior Year

Fall

- Register for the GRE
- Complete PHYS-P201
- Complete PSY-B380
- Make an appointment with PREPs for information on letters of recommendation, personal statements and more

Spring

- Take the GRE if required
- Complete HIM-M330 or RADI-R108
- Meet with your advisor and make sure you're on track
- Complete your personal statement and have it reviewed by PREPs

Summer

- Take the GRE (if you haven't already)
- Complete your OTCAS application
- Purchase an interview suit
- Begin secondary applications and interviews

Senior Year

Fall

- Contact PREPs and schedule a mock interview
- If not called to interview, begin working on your alternative plan: research companies or other graduate programs and work on your resume

Spring

- Make a final decision as to your plans for the fall
- Complete your financial aid forms if going to school
- Have your resume reviewed at PREPs if job searching
- Make plans for the summer

Summer

- Make appropriate living arrangements for the fall
- If attending school, purchase books and equipment. Attend your orientation program
- If working, make sure you have a work wardrobe

* You may take STAT 30100, SPEA-K300, PSY-B305, SOC-R359, or ECON-E270